



# xOver PRO SKILL CIRCUIT - EVALUATION

CANDIDATE NAME													
		1	2	1	2	1	2	1	2	1	2	1	2
1	Equipment Assembly												
2	Pre Dive Safety Checks												
3	Backwards Roll Entry												
4	Backwards Roll Entry (negative)												
5	Buoyancy Check - wetsuit/mask												
6	Buoyancy Check - equipment												
7	S-Drill												
8	Regulator Recovery - Sweep												
9	Regulator Recovery - reach												
10	Mask Remove & Replace - Neutral												
11	Buoyancy Control - Hover												
12	Propulsion - Frog Kick												
13	Alternate Air Source - Swim												
14	Alternate Air Source - Ascent												
15	SMB Deployment - Neutral												
16	Snorkel to Reg Exchange												
17	Rescue Workshop												
18													
19													
20													
21													
22													
23													
24													
25													
26													
27													
28													
29													
30													
TOTAL SCORE ----->													

## SCORING

1 point = Met performance requirement(s) of skill *	Maximum of 5 points if all criteria met (Max = 85) <b>* This Criteria MUST be achieved for ALL skills</b> DM - Score of 3 per skill = min total 51 INST - Score of 4 per skill = min total 68 IT - Score of 4 per skill with 5 or more 5's = min total 73
1 point = Demonstrated sub steps of skill	
1 point = Demonstration was visible to all students	
1 point = Effective use of signals	
1 point = Slow fluid delivery - looked easy	